

Preparing for Adulthood
Pathway Guide



for Young People with SEND





Preparing for Adulthood Pathway Guide for Young People with SEND

We know that thinking about the future of our children and young people with Special Educational Needs and Disabilities (SEND) can be difficult and the move into adulthood can feel daunting and confusing.

We hope this document will help parent carers and young people with SEND in Camden to be well-informed. It is an important part in helping young people make a meaningful transition to adult life.

Preparing for Adulthood means:

- **Community Inclusion** - participation and inclusion in society, developing friendships, relationships and accessing the community, looking at all aspects of life and understanding the support a young person will need to live life as fully and actively as possible,
- **Employment** - preparing for continued education and/or employment, thinking about college and preparing to live a purposeful life,
- **Developing Independence** - Choice and control over ones life, including where to live, looking at all aspects of life and understanding the support a young person will need to live life as fully and actively as possible,
- **Health and Wellbeing** - maintaining good physical and mental health and wellbeing, having access to appropriate health services and keeping fit and healthy.

This document was co-produced by the Children and Young People's Disability Service in Camden and the Camden Special Parents Forum, with contributions from Camden SEND and Inclusive Intervention Services, the Children's Health team and the Camden Learning Disability Service Health team.





Preparing for Adulthood and EHCP Annual Reviews

Introduction

This Preparing for Adulthood pathway reflects the SEND reforms and shows how the Education, Health and Care plan (EHCP) can help young people achieve fulfilling lives and good outcomes.

We believe that young people with SEND should have equal life chances as they move into adulthood. This should include paid employment and higher education, housing options and independent living, good health and wellbeing, friends, relationships, community inclusion and choice and control over their lives and support.

We recognise that each young person is unique and has individual needs. This pathway sets out the stages for a young person by age that includes information about the process, which services will be involved, provides some helpful advice on what skills the young person would want to develop as they approach adulthood. It also provides a list of useful resources and links to help young people, their families, carers and others supporting young people.

This pathway also sets out the role of Children and Young People's Disability Service (CYPDS) in preparing young people for adulthood, what services are involved to support young people with SEND and their families, and how services should work together to prepare young people for adult life.

The aim is to help parent carers navigate the way through the transition process and consider the needs and aspirations of the young person they care for.

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Preparing for Adulthood and EHCP Annual Reviews

Preparing for Adulthood reviews from Year 9

The Preparation for Adulthood begins with the Year 9 Annual Review. The Annual Review will be coordinated by the school so that the SEND needs, provision and progress towards Outcomes (Section E) will be reviewed.

From Year 9 the agreed outcomes should be recorded under the four headings in the Annual Review: Employment, Independent Living, Friends, Relationships and Community, Good Health. This helps keep the EHCP focused on the young person's future goals.

Young people and their parents should fully participate in the Annual Review as this is about the young person.

Education will lead the Annual Review, but where the young person has had significant social care or health input they will also be part of the preparing for adulthood planning and will be invited to contribute by the school.





Things to consider at EHCP Annual Reviews from Year 9 to support Preparation to Adulthood

Preparing for independent living

- Being able to communicate needs with support, make choices and have control over the decisions that are made about care and support
- Cooking at school and at home and understanding money
- Practice shopping
- Moving around the school independently
- Travel training: transport and road signs, safety on the roads
- Understanding correspondence and bills
- Developing useful life skills such as self-care (bathing, brushing teeth, brushing hair etc.)
- Continuing to develop independent living skills as part of a study programme
- Sleep-overs and residential trips
- Understanding consent, what is mental capacity and best interest decision making, who can help with this
- Organisational skills and managing time
- Learning to be safe in the home and in the community
- Understanding different types of living arrangements
- Actively planning for future living arrangements with family, social care and housing

Health and wellbeing

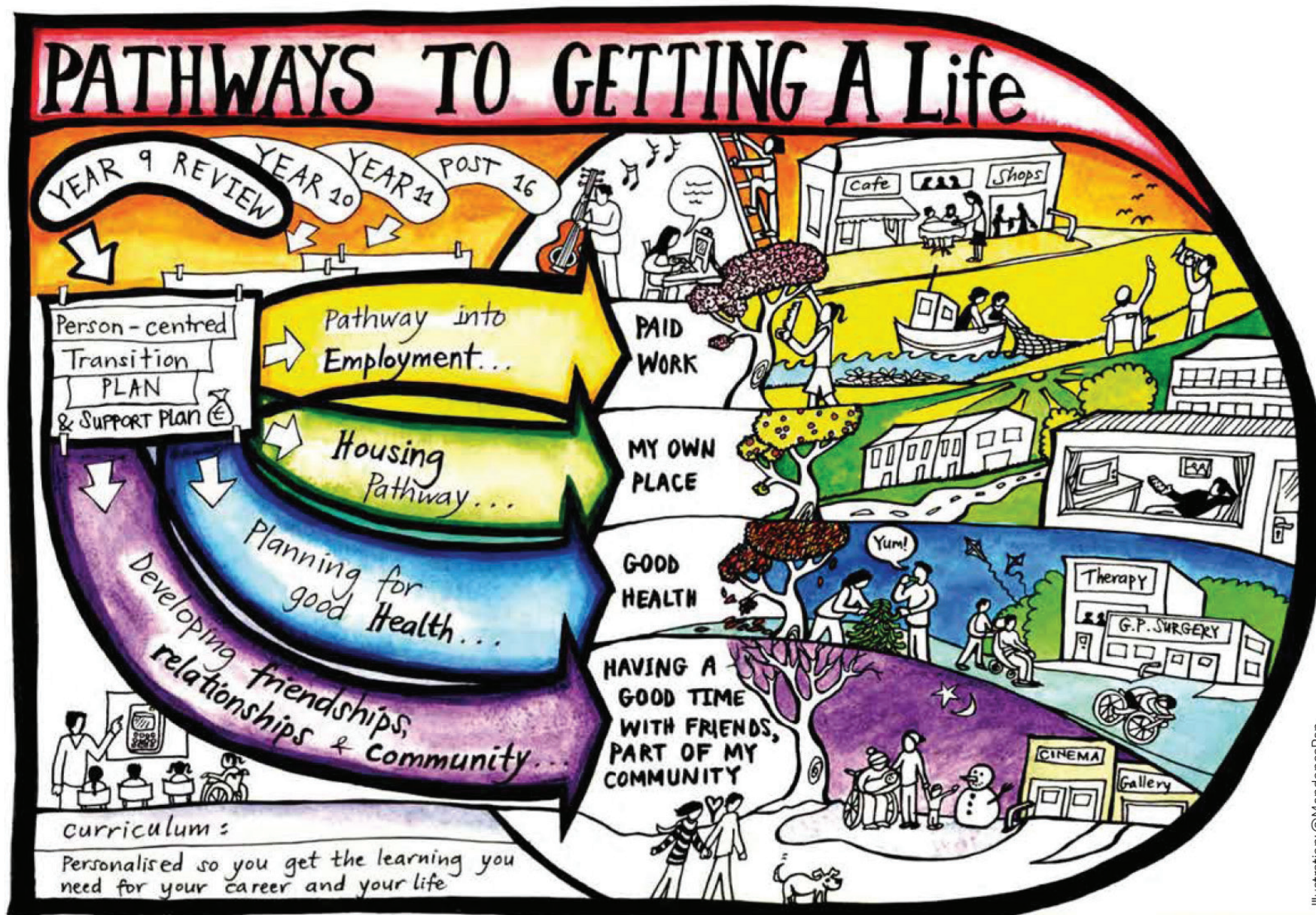
- Managing health needs e.g. asthma, eczema etc
- Immunisations (starting puberty, immunisation such as BCG)
- Nutrition and healthy eating
- Articulating pain / health problems
- Starting puberty (i.e. menstrual hygiene management)
- Transition to adult health services
- Knowing when you need to see the GP and the need for Annual Health Check with GP if registered with a learning disability
- Staying physically active and healthy
- Understanding relationships, including sexual relationships - choices, safety and good sexual health
- Managing more complex health needs e.g diabetes
- Mental health and wellbeing

Employment

- School to help with a Vocational Profile from Year 9, and particularly important for this to start early for children with SEN in special schools
- Build on strengths and interests highlighted in Vocational profile
- Consider potential apprenticeships
- Consider Supported Internships and/or Traineeship
- Develop skills for applying for jobs such as CV writing skills and preparing for interviews
- Understanding support from the Council, from the Council in finding a job and getting work experience
- Exploring potential voluntary work and work experience from Year 11
- Knowing how to access support from the Job Centre post-education

Community inclusion

- Accessing youth and after-school clubs
- Knowing the local area
- Understanding bullying
- Managing change
- Making decisions about how to spend free time
- Managing social media and other technology
- Online gaming and staying safe
- Building resilience
- Developing new friendships and supporting circles of friends in early years settings, schools and colleges.
- Personal budgets - how could they be spent post 16 to further support preparing for adulthood
- Keeping safe in the community and on the streets (being aware of grooming, abuse and exploitation)
- Knowing where to go for help and how to use the emergency services (police, childline etc)





The support from the Children and Young People's Disability Service

Year 9 (13/14 years old)

CYPDS is the main statutory social work 0-25 service for children and young people with with complex needs arising from their disability in Camden. CYPDS supports children and young people, from assessment and safeguarding, care planning and review, to their transition to adulthood.

From the age of 18 and up to 25 years, the CYPDS works closely with health colleagues from the Camden Learning Disability Service (CLDS) as well as with the Adult Social Care Locality Teams to ensure the holistic needs of young people are met.

Social workers from Children and Young People's Disability Service (CYPDS) will attend Annual Reviews in schools for young people in Year 9, Year 11 and Year 14 and will continue to support young people's journey as they leave education.

In the years when not attending the Annual Reviews in school or colleges, CYPDS will review the young person short breaks care package or adults support plan, as part of a Short Breaks review by social care.

The following list outlines the support to expect from CYPDS starting from Year 9:

- The allocated Social Worker from CYPDS will contribute to the Year 9 EHCP Annual Review in school and will complete a Preparing for Adulthood Assessment,
- At this stage, the discussions will be about the young person's needs and support available to develop skills that prepares them for adult life. The Social Worker will meet the young person and will discuss about current short breaks package and the on-going care and support needs of the young person into adulthood,
- The short breaks care package should be used to increase independence and develop skills into adulthood life like budgeting, traveling, cooking, community access and developing friendships,
- The Social Worker will provide advice regarding eligibility for adult care services,
- If the young person is unlikely to require on-going support as an adult, consideration will be given about how the short breaks care package should be used to help develop skills that will facilitate the young person's access to universal services as they reach 18,
- The Social Worker will discuss the proposed short breaks care package in the Short Breaks Panel and parents will be invited to attend.



The support from the Children and Young People's Disability Service

Year 10

(14/15 years old)

The following list outlines the support to expect from CYPDS:

- The allocated Social Worker from CYPDS will review the short breaks care package as part of a Short Breaks review,
- The review will build on what was discussed in Year 9, supporting young people and their family to explore the young person's aspirations and abilities and how the short breaks care package can support young person to achieve these. At the review it will be discussed who else can help e.g the school staff and/or the wider family network of the young person,
- The Social Worker will meet with the parent and the young person to discuss the outcomes to be achieved: support for independent living, how to keep active and healthy, skills to employment and community access and develop friendships,
- In Year 10, the Social Worker will not attend the EHCP Annual Review in school, but will gather information from the school on the young person's progress and achievements,
- The Social Worker will share the Short Breaks review report with the parent and will attend the Short Breaks panel. The parent will be invited to attend the panel.



What parents need to consider when the young person is 14 years old

- The young person's GP should contact you to arrange an Annual Health Check (AHC). Annual Health Checks (AHC) are for young people and adults with learning disabilities.
- An AHC helps the young person stay well and ensures that any health problems identified are acted upon early as they transition into health adulthood services post 18.



The support from the Children and Young People's Disability Service

Year 11

(15/16 years old)



The following list outlines the support to expect from CYPDS:

- The allocated Social Worker from CYPDS will contribute to the EHCP Annual Review in school and will complete a Preparing for Adulthood Reassessment – see Year 9 stage – by building on the information already shared about the young person, abilities and aspirations and support they need into adulthood,
- The focus by the Social Worker will be on how the short breaks care package supports the outcomes towards increase of skills and independence into adulthood,
- The Social worker will discuss eligibility for adult social care support, if the young person has on-going care and support needs into adulthood,
- The Social Worker will initiate referrals (with consent) to relevant health adults services which should be involved in the long term planning for the young person as they reach 18 or adult social care services, when they leave education,
- The Social Worker will invite the parent to attend the Short Breaks Panel and will send in advance a copy of the Preparing for Adulthood Reassessment.

What parents need to consider when the young person is 16 years old

- You should be contacted by DWP to transfer your young person's benefits from DLA (Disability Living Allowance) to PIP (Personal Independence Payment). When you apply for PIP the DWP will ask if you want to become an appointee to remain a financial decision maker for the young person.
- Open a bank account for the young person.
- If the young person does not have photo ID (passport) then parent would need to apply for a photo ID.
- Discuss with the young person's consultant within a hospital setting at what point the young person's care will transition to adult health services. If your GP is out of borough discuss with health team if a Camden based GP would be helpful.



The support from the Children and Young People's Disability Service

Year 11

(15/16 years old)

At this stage, the Social worker will work closely with the following adult care services:

- If the young person has a learning disability, a referral will be made to the Health team in the Camden Learning Disability Service (CLDS) so they can get to know the young person as soon as they turn 18 or earlier,
- If the young person has a mental health diagnosis, a referral will be made to the Adults Mental Health team,
- If the young person has a physical disability, a referral will be made to Access and Response Team in Adults Social Care should they need to provide advice or support as the young person leaves education and starts accessing local community services.

The CYPDS Social Worker will remain the lead social care professional until the young person reaches the age of 24-25 and will liaise regularly with education, health and other relevant adult social care teams.

- If the young person is unlikely to require on-going support as an adult, consideration will be given as to how the short breaks care package before the age of 18, should be used to help develop young person skills to access universal services as the young person reaches 18.

For example, the short breaks support can be used:

- to develop skills for employment, supporting young people into employment alongside and working in partnership with other professionals such as job coaches.
- Independent travelling to move under second point
- to learn how to manage money and access community settings independently,
- to learn how to use a mobile phone and to understand safety,
- to help develop and maintain friendships, and
- live independently without statutory support.

What parents need to consider when the young person leaves education at 16 years old

- At 16 some young people may be leaving school. If the young person does move on to College the need for transport will be discussed. The focus will be to support the young person to travel to college via public transport if they have received travel training and are independent travellers with support/without support.
- If young people are leaving school at 16 (after year 11), they should remain participating in learning until the age of 18 years, which could include:
 - Full time education (e.g college)
 - An apprenticeship, traineeship and supported internship
 - Part time education or training combined with one of the following: employment or self-employment for 20 hours per week or more, or volunteering for 20 hours of more a week



The support from the Children and Young People's Disability Service

Year 11

(15/16 years old)

Looked After Children (LAC)

- If the young person is Looked After by the Local Authority (this maybe the case if they are in a residential school for over 38 weeks a year), at the Looked after Child (LAC) review ongoing discussions will take place in relation to transition and if appropriate, a Deprivation of Liberty application will be discussed with the parent by the allocated Social Worker when the young person is 16.
- The Social Worker from CYPDS will complete a Preparing for Adulthood Assessment at Year 9 (age 13/14) of the young person and a reassessment at Year 11 (15/16 years old). This would be aligned with the EHCP Annual Review in school and where possible with the LAC review which is a statutory process for Looked After Children.
- The young person will receive advocacy through an organisation called WAC in Camden commissioned to provide advocacy for children and young people with SEND who are Looked After.
- Any funding provisions for the young person who is Looked After will be taken to Complex Needs Panel in Camden, and not the Short Breaks Panel.

The advocacy service provides 1:1 sessions that use creative strategies to meet the needs of the young people it represents, encouraging them to express their views and opinions. It aims to keep the young people safe, listened to and respected and to involve young people with SEND in decision making process that affect their lives. This referral will be undertaken by the young person's allocated Social Worker in CYPDS.





The support from the Children and Young People's Disability Service

Year 12

(17 years old)

The following list outlines the support to expect from CYPDS:

- The CYPDS Social Worker will remain the lead social care professional in the planning process for the young person until they reach ages 24-25,
- The allocated Social Worker will complete a Care Act Assessment in the year that the young person is 17 years old to establish eligibility to adult social care services and will develop an adult support plan with the family and the young person,
- This assessment will replace any previous Preparing for Adulthood assessments/reassessments for the young person,
- The Social worker will arrange to meet the parents and the young person in the family home and in school, will gather information about the changing needs of the young person. The assessment should take 6/8 weeks and will be shared with you and the young person for your views,
- The CLDS Health Team representative may need to be invited to visit with the Social Worker if the young person has a learning disability,
- The CYPDS Social Worker will inform you if they consider that a young person is deprived of their liberty and advise you what needs to be considered at this point,
- A Financial Assessment form will be sent by the Adults Financial Assessment Team for the parent to complete on behalf of the young person. The Financial Assessment helps Council understand if there is any contribution that the young person will need to make towards their adult support plan,
- Parents will be offered a Carers Assessment, and this can be completed by the Social Worker or someone independent from Camden Carers organisation,
- The adult support plan will be discussed in the Quality Assurance Adults panel, which the Social Worker will attend and feedback will be provided to parents and the young person after the panel meeting,
- If Direct Payments are agreed a new referral will be completed at Camden PSIC (even if DPs have been in place previously) that can support with management of the Direct Payment and the recruitment of DP carers,
- Should parent not agree with the outcome of the outcome of the panel decision they can discuss with the Social Worker in the first instance.

What if the young person has Continuing Care health needs as a child?

- If the young person receives support from Continuing Care, then the Children's Health team should make a referral for Adults Continuing Health Care team to assess the young person as an adult. This process will be discussed with parents by the Continuing Care Lead in Children's Health.
- If during the Care Act Assessment it is identified that the young person appears to have complex health needs into adulthood which were not evident before, then the Social Worker jointly with an adults Health professional may need to complete a Continuing Health Care checklist.



The support from the Children and Young People's Disability Service

Year 13/14

(18/19 years old)

The following list outlines the support to expect from CYPDS:

- The CYPDS Social Worker will continue to remain the lead social care professional in the planning process for the young person until the age of 24-25 of the young person,
- The adult support plan for the young person will be reviewed by the CYPDS Social worker via a Care Act reassessment every year and will be returned to the adults panel,
- The CYPDS Social Worker will attend Year 14 EHCP Annual Review to discuss about any changes in the young person social care needs and identify any additional social care support as a result of young person leaving school. The support can be used for accessing community more, living independently, join in new community local groups and attend respite provision,
- The professionals working with the young person and SEN will be able to advise and support how to access future training, employment and education opportunities – please see <https://www.camden.gov.uk/get-support-from-camden-careers-and-connexions-service>
- If the young person will be in college, the CYPDS Social worker will continue to contribute to the EHCP Annual Reviews in College,
- Once the college where the young person will transition on to has been established, then a Social Worker will be in contact to discuss the need for transport for the young person,
- The transport arrangements may look different to their experiences of SEN transport. For example, a DP carer may accompany the young person on public transport (but this will be considered on a case by case basis) or Direct Payments can be used for travel assistance. Any transport arrangements will be arranged by the CATS team in Camden.

What parents need to consider when the young person is 18 years old

- Make an application for Universal Credit.
- Complete the Financial Assessment form on behalf of the young person.
- Discuss with the young person's consultant within a hospital setting about transition to adult health services.
- The school and SEN service, with the young person would need to explore training and employment opportunities. Further education can also be explored at this stage if the young person needs additional time for learning in order to achieve their outcomes to employment, independent living and community inclusion.



The support from the Children and Young People's Disability Service

Leaving education

When the young person prepares for leaving education

- When the young person is in their last year in school/ or college, the CYPDS Social Worker, alongside education, health professionals and the family will continue to support the young person as they leave education to support their journey into adult life and discuss community opportunities after education.
- The discussions about the opportunities for the young person post college will start 6 months ahead, and the focus will be to maintain and continue to develop important skills that the young person needs for independent living, community access, keeping safe and employment. The young person would have already gained some of these skills during school and in the last years at college.
- The CYPDS Social worker will attend the young person's EHCP Annual Review in the final year in College and will discuss with the young person options of activities in the community that can be accessed when education provision ends.
- A revised adult support plan will be prepared for support post College and will be presented by the CYPDS Social Worker to Adults panel for funding agreement.

- The Social worker will continue to support with the implementation of the adult support plan post school/ or College and if this works well, the involvement from CYPDS will come to an end.
- At this point the Social Worker will inform the young person of the contact details of the new adult social care team and advise of the transfer in writing.

When the young person reaches the age of 24-25 years old

- When the young person reaches the age of 24-25 years old and if they have a learning disability, the CYPDS Social worker will transfer the case responsibility to CLDS for long term social care and health review and intervention.
- When the young person reaches the ages of 24-25 years old and if they have a physical disability and/ or sensory impairment, CYPDS Social worker will transfer responsibility to the Adults Locality Teams for long term social care review and GP will continue to oversee the young person's health care needs.
- The alternative to the Local Offer website for post 25 years is <https://camdencarechoices.camden.gov.uk/>





Contact details for the Children and Young People's Disability Service

If you have specific questions about the preparing for adulthood process and you would like to discuss with someone in CYPDS, please contact:

Pathway to Adulthood Practitioner

Vicky Dollman

@ Vicky.Dollman@camden.gov.uk

📞 020 7974 4026

CYPDS Duty

@ dutydct@camden.gov.uk

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CYPDS Head of Service

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📞 020 7974 4867

You can also attend Preparing for Adulthood (PFA) surgeries at Swiss Cottage School, from June 2021 which will take place every three months and the CYPDS Social Work staff team will attend to meet with parents to discuss preparing for adulthood from Year 9 for young people.

The dates for the PFA surgeries will be available on the Camden Local Offer and will be shared by Swiss Cottage School. The Camden Local Offer link is: <https://cindex.camden.gov.uk/kb5/camden/cd/localoffer.page?localofferchannel=0>



Useful information and resources about Adult Social Care and Health

This section provides information about teams in Adults Social Care, NHS Continuing Health Care, accommodation arrangements post 18, Mental Capacity Act and decision making, Deprivation of Liberty Safeguards, Adults Safeguarding, Advocacy, Carers Assessment, Financial Assessment and benefits.

Who are CLDS health Services?

If the young person is understood to have a learning disability and is registered with a Camden GP then at 16 years old, they will be referred to CLDS (Camden Learning Disability Health Services) to establish eligibility for health services post 18.

CLDS will make contact with you between your child's 16th and 18th birthday to complete an assessment to understand your child's level of functioning and whether CLDS is the right team to meet their needs. To assess this, sometimes we need to gather information about your child's development, their daily living skills (also known as 'adaptive functioning'), and their thinking skills (also known as 'cognitive functioning').

Once the young person is 18 years old and if they are found eligible for CLDS health services then their community health services will transfer to them.

Camden Learning Disability Service is made up of:

- Occupational Therapist
- Physiotherapy
- Psychiatry
- Learning Disability Nurses
- Specialist Support Worker
- Psychology
- Speech and Language Therapists

If the young person is not registered with a Camden GP then they will be referred to the Community Learning Disability Health Service, in the Authority in which the GP is based.

The health support CLDS can provide to ensure young person stays healthy and active:

- CLDS also have specialist support workers who can support those with health needs to help coordinate services and/or health education.
- CLDS run a number of local health and wellbeing events including healthy relationship courses and health walks with young people and adults with a learning disability and CLDS health staff.
- CLDS offer flu jabs and nasal sprays yearly.

- CLDS support with liaison with health service and can complete a health passport alongside the parent and the young person to support with helping professionals understand the needs of the young person.

Within local hospitals there is a Learning Disability Liaison Nurse, if the young person is admitted or having an operation they can support to ensure their needs are met. The CLDS team can support the parent in identifying the named worker in each hospital and support with planning following discharge.

Please note that care provided from specialist hospital consultants may transition at different times and this is dependent on the hospital or consultant themselves, it is important that the parent discusses this in the nearest appointment to the young person's 16th and 18th birthday.

During the young person's EHCP annual review prior to their 18th birthday it is important that health services identify a lead professional to support with transition, this will usually be the School Nurse.



Useful information and resources about Adult Social Care and Health

Other health services who support adults with learning disabilities include:

- Community Specialist Dentist
- RNIB low vision service
- Community nursing team

You can ask to speak with a health manager

☎ 020 7974 3737

Clds.duty@nhs.net

What teams are in Adult Social care and how do I understand if my child is eligible?

From the age of 18 and up to 24- 25 years, the CYPDS works closely with health colleagues in The Camden Learning Disability Service (CLDS) as well as with the Adult Social Care Locality Teams to ensure the holistic needs of young people are met. When someone turns 18, the financial responsibility sits with Adult Social Care and therefore eligibility for Adult Services need to be established before young person is 18 and in line with the Care Act 2014 legislation.

Following child's 14th birthday CYPDS Social Worker will have conversations with parents about eligibility for services for the young person post 18 years of age.

If the young person has on-going care and support needs post 18, referrals will be made to Adult Social Care teams to ensure they are aware of the young person needs and his/her long term needs post education.

If it is felt that young person will not be eligible for adult services then the CYPDS Social Worker will consider what support can be provided to increase young person's independence. This will be recorded by the CYPDS Social Worker within their Preparing for Adulthood Assessments at 14 and 16 years of age.

Adult Social Care Teams:

- Camden Learning Disability Service (CLDS) CLDS Duty
☎ 020 7974 3737
- Access and Response - Access and Response Duty
☎ 020 7974 400 (option 1)
- Adult Social Care Complaints
☎ 020 7974 4341
adults.complaints@camden.gov.uk

What is Continuing Health Care in Adults services?

- NHS Continuing Healthcare is a package of care that people over the age of 18 are entitled to receive as a result of disability, accident or illness. It covers the full cost of the person's care and residential accommodation. (for those under the age of 18, the same process is called NHS Continuing Care)
- NHS Continuing Healthcare is available to adults living in England who have particularly intense, complex or unpredictable care needs. Unlike local authority funding, it is not means tested.

Who is eligible?

Eligibility is based on health need:

- It must be proven that the individual has a 'primary health need'. This means that their care requirements are primarily for healthcare, rather than social or personal care needs.
- To be eligible, most people are assessed over a two-stage process: an initial Checklist, which if indicates primary health needs, is followed by a Full



Useful information and resources about Adult Social Care and Health

Decision Support Tool Assessment completed by a health professional.

If an individual is reaching the end of life, they may instead have a Fast Track Decision Support Tool Assessment.

What if the young person requires accommodation post 18?

The need for accommodation outside family post 18 will be established during a Care Act Assessment just prior to young person's 18th birthday, or this could be discussed during consequent years during the Care Act review of their support needs.

The local accommodation options available in Camden or local to Camden can include:

- Supported living accommodation,
- Adult shared lives placements,
- Learning Disability (LD) nomination flats,
- Residential care for some young people, particularly those with complex nursing care and medical needs.

In Camden each year there are 10 nominated flats available via the Council's housing stock available for people with a learning disability, including those who may require support to manage their tenancy and care.

The process for searching for accommodation in Camden or local to Camden:

- The CYPDS Social Worker will initiate searches firstly in-borough provision and in doing so, will attend the monthly Accommodation Planning Meeting to discuss all local options,
- If in borough accommodation cannot be identified, the CYPDS Social Worker will discuss with the young person and the family and will initiate searches for accommodation local to Camden and in London area.
A referral to the Resources Coordination Team in Camden will be completed. This team role is to initiate searches for accommodation local to Camden,
- Once a few accommodation options are identified, the provider of support and accommodation will arrange to meet with the family and the young person to discuss about their services. Parents and

young people will be able to ask questions and can visit the proposed accommodation,

- The CYPDS Social Worker will also arrange to visit before a final decision is made. The family and/or the young person would be encouraged to always visit different accommodation options,
- Once suitable accommodation is identified, and have assessed that they can meet young person's needs, then the case will be presented to QAP Adults Panel for funding agreement,
- If the funding is agreed then a transition care plan will be drawn up with young person, the family/ their advocate, their Social Worker, health professionals and the accommodation,
- The CYPDS Social Worker will inform you if they consider that a young person is deprived of the liberty and advise you what needs to be considered at this point (see below – What is DOLS?)
- Once young person moves to their new home a review will take place within 3 months, this is completed by the allocated Social Worker alongside the young person, the family/ their advocate, health professionals and the accommodation.



Useful information and resources about Adult Social Care and Health

Mental Capacity Act – an overview of the legal framework for decision making

Parents of young children who are not able to make decisions for themselves will make decisions on behalf of their children. **However, as children reach the age of 16, they should be encouraged to participate in decision-making, about day to day things** including more important decisions about their care and support. Children from age 16 onwards have a legal right to make their own decisions and should be supported with this.

In the same time, health and social care professionals should also encourage young people decision making as they transitions from childhood to adulthood.

The key principles of the Mental Capacity legislation is that a person must be assumed to have capacity unless it is established that he or she lacks capacity and practical steps must be taken to explain to the person the decision that is to be made and to support them to decide and consent.

Where a young person does not appear to have the capacity to make specific decisions about his or her care and support:

- In most cases, his or her parents can make decisions that are in the best interest of the young person before young person is 18 years of age,
- However, as the young person reaches the age of 18, the Social Worker will need to assess the person's capacity to make decisions about the care and support he or she receives.

The Mental Capacity Act (MCA) is designed to protect and empower people who may lack the mental capacity to make their own decisions about their care and treatment. It applies to people aged 16 and over.

It covers decisions about day-to-day things or serious life-changing decisions like whether to move into a supported living or have major surgery.

A Social Worker will undertake the Mental Capacity Assessment to understand if the young person has capacity; this is decision and time specific therefore it will

only determine if the young person has capacity in relation to the question asked.

If it is deemed the young person does not have capacity to make the decision then a Best Interest Meeting will take place with the professional network and parents/Deputy to make a Best Interest Decision on behalf of the young person.

If the young person has an appointed Deputy then it is their decision that stand however if the Local Authority are concerned about the decision making of the Deputy then the Local Authority have to apply to the Court of Protection.

What is DOLS and what does this mean for the young person over 18?

When a young person aged over 18 is cared for in any form of accommodation like residential care, residential schools/ colleges, adults shared lives placement, supported living or in some circumstances when living in the family home, the Local Authority will consider carefully if the care regime can deprive the young person of their liberty. This will also need to be considered when a young person is to be admitted to hospital.



Useful information and resources about Adult Social Care and Health

DOLS stands for Deprivation of Liberty Safeguards.

A person is considered to be deprived of their liberty if they are under continuous supervision and control, not free to leave and are unable to consent to his or her care arrangement, (which means the person does not have the mental capacity to consent).

Where a deprivation of liberty arises in relation to a young person who lacks capacity to make decisions about his or her care, this is likely to require an application to Court of Protection by CYPDS Social Worker for an order authorising the young person's care and the deprivation of liberty under the Mental Capacity Act 2005 (amended in 2019).

If the young person is admitted to hospital for assessment and treatment, the deprivation of liberty will sit under Mental Health Act 1983.

Please note that from 2022, the current law will change and will introduce new authorisation powers known as Liberty Protection Safeguards which will include young people aged 16 and 17.

Adults Safeguarding duties and responsibilities

Ensuring the safety of young people over 18 with care and support needs, it is a statutory responsibility of social workers as outlined in the Care Act.

If there are concerns raised about a young person safety and wellbeing, the CYPDS Social worker will gather information about these concerns and decide if action needs to be taken to ensure young person's safety, if an investigation is required and who should be part of this.

The investigation will be carried out by Social worker and on some occasions, Police will need to lead on this, depending on the type of concerns and allegations.

The young person's views will be sought and where this is not possible and if appropriate, their family and/or advocate will be invited to attend meetings and represent the young person's views and wishes.

What is advocacy?

Advocates support young people to develop skills and confidence and knowledge they

need to voice their concerns and views about the care and support they receive.

Advocates can help to:

- Access information and services
- Be involved in decisions about care and support he or she receives
- Explore choice and options,
- Speak out about issues that matter to them

Advocacy services are provided by an advocate who is independent, and who is not part of the young person's family or one of their friends.

The allocated Social Worker can refer the young person to this service if there are changes to the young person's care and support, like:

- A long term care move,
- Serious care treatment,
- Adult protection procedures, or
- A care review

There are various different advocacy options dependent on the need of the adult or situation in which advocacy is required:

- Care Act Advocate - The Care Act gives eligible people the right to have an advocate and advocacy support during adult safeguarding investigations,



Useful information and resources about Adult Social Care and Health

- IMCA - Independent Mental Capacity Advocacy provide advocacy for young people around individual decisions when they lack capacity to make that decision and there is no one else (a family or a friend) who can be consulted, be involved in decision making, or be able to represent young person's best interest,
- IMHA - Independent Mental Health Advocacy there is a statutory right to services of advocacy via an IMHA if an adult is detained under most sections of the Mental Health Act, subject to Guardianship or on a community treatment order (CTO).

What is a Carers Assessment?

Parent Carers are entitled to a Carers Assessment and will be entitled to advice information and/ or support in their caring role after this assessment if there is an impact on their wellbeing and/ or ability to care long term.

CYPDS Social Workers will offer a Carers assessment alongside completing young person's Care Act Assessment during the year they turn 18. Camden

Carers organisation can also complete Carers Assessments if you would like someone independent.

You will be entitled to a carer's assessment from the local authority if you meet all the following criteria:

- You are over 18
- You provide or intend to provide "substantial care on a regular basis" to another person over the age of 18
- The local authority thinks that the person you care for could potentially receive help from social services
- You are not an employed carer or a volunteer from a charity
- You ask for an assessment

As a parent carer you may be eligible to receive a Direct Payment:

What is a Direct Payment?

A carers Direct Payment is intended to help pay towards the cost of something which will support you in your caring role, maintain wellbeing and help you remain in full time or part time work. These are usually one off payments specifically to help you achieving an identified outcome e.g driving lessons, adult training –learning a new skill, English or other languages classes, a holiday, or attend wellbeing and health classes.

Preparing for a Carers Assessment

It may help to prepare for your assessment to ensure that you are able to raise important points and ask for the support you need. For example you may want to consider the following:

- What care do you provide?
- Do you get enough sleep?
- Is your health affected? What is the mental, physical, emotional impact of caring?
- Are you able to get out and about?
- Do you get any time for yourself to do things you enjoy?
- Are finances a problem?
- Are your other relationships affected?
- Are you worried you may have to give up work? Or would you like to work?
- Are you interested in training or adult education for yourself?
- Is the person you care for getting enough help?
- Do you feel you know what to do in an emergency?



Useful information and resources about Adult Social Care and Health

What is Quality Assurance Panel in Adult Services?

Quality Assurance Panel is a forum:

- to quality assure proposed care plans and ensure that practice is compliant with the key principles of the Care Act and the NHS Act,
- to meet eligible outcomes for Camden's residents using a strengths based, community focused approach in line with the core Care Act principles,
- to ensure a consistent and fair approach to care provision within and across adult services.

The panel meets every 2 weeks, unlike the short breaks panel the parent would not be able to attend, but they will have sight of the proposed care plan prior to the meeting.

If young person or parent are not in agreement with the outcome of panel, they will need to speak with the Social worker in the first instance.

What is a Financial Assessment?

When a person over the age of 18 receives support funded by Adult Social Care, the support provided is means tested. It may be that the person receiving the support will have to pay towards the cost of his or her care each week, and this is called a financial contribution.

To determine each young person financial contribution towards their care, the council has to carry out a financial assessment. The financial assessment is free and happens after the Care act assessment.

The Financial Assessment is based on the young person's income and not the finances of the parent carer. In order to establish this it is important that the young person has their own bank account that their benefits are paid into.

The following details will be required to complete the financial assessment:

- Income - such as benefits, earnings, annuities, and trusts
- Capital - such as bank or building society accounts, ISAs, premium bonds, shares, cash, and any other investments like property or land owned

- Housing costs - such as rent, electricity, gas, council tax and buildings insurance
- Any extra expenses because of illness or disability – e.g. clothes, toiletries, laundry, special diet food

The amount of savings, capital and expenses each month that the young person has will affect whether and how much they need to contribute towards their care and support costs.

The Awards and Contributions Team will undertake the assessment can offer a home visit and or an office visit to undertake the assessment.

Awards and Contributions Team

Contact Details – ☎ 020 7974 1607

How do I open a Bank Account for my child?

Different banks and branches have different processes in relation to opening a bank account for a young person who lacks capacity to do so. It should be noted that it is easier to open an account for a young person before they are 16 years old.

Most banks ask for the following;



Useful information and resources about Adult Social Care and Health

- An appointment should be arranged in advance with the bank
- ID of the young person and parent
- A letter advising that parent is the appointee or Deputy (post 16)
- It is best to clarify with the bank what they are expecting for the parent to bring along prior to the appointment.

Making decisions and managing the finances of the young person

Appointee

Becoming an appointee gives the parent the right to deal with the benefits of someone who can't manage their own financial affairs because they do not have capacity to do so.

Only 1 appointee can act on behalf of someone who is entitled to benefits (the claimant) from the Department for Work and Pensions (DWP). When the parent applies for PIP the DWP will automatically send you a form to become an appointee.

An appointee can be:

- an individual, eg a friend or relative
- an organisation or representative of an organisation, eg a solicitor or local council

As an appointee, the person is responsible for making and maintaining any benefit claims:

- sign the benefit claim form
- tell the benefit office about any changes which affect how much the claimant gets
- spend the benefit (which is paid directly to you) in the claimant's best interests
- tell the benefit office if they stop being the appointee e.g the claimant can now manage their own affairs

Deputyship for property or welfare decisions

<https://www.gov.uk/become-deputy/apply-deputy> - forms can be found here.

Parent carers can apply to become someone's deputy if the young person 'lacks mental capacity' from the age of 16. This means they cannot make a decision for themselves at the time it needs to be made. This is a private proceeding and the parent will need a solicitor. The parent will need to inform the Social Worker when they have been appointed as Deputy and/or Appointee. The parent will need to

inform health services that you have been appointed as a Deputy or as an Appointee.

People may lack mental capacity because, for example:

- they've had a serious brain injury or illness
- they have severe learning disabilities

As a deputy, the parent will be authorised by the Court of Protection to make decisions on behalf of the young person.

There are 2 types of deputy:

- Property and financial affairs deputy - like pay the person's bills or organise their pension.
- Personal welfare deputy - decisions about medical treatment and how someone is looked after. The parent cannot become someone's personal welfare deputy if they're under 16.

Benefits

Welfare benefits are an important source of support for children and young people with SEND and their families. The two main benefits for children and young people with disability are:



Useful information and resources about Adult Social Care and Health

- Child benefit for someone under 16 or aged 16 to 20 in education or training
- Young people under the age of 16 with care and support needs or difficulty moving around can claim Disability Living Allowance (DLA) – care and mobility component,
- Young people over the age of 16 who need support can claim Personal Independence Payment (PIP) – daily living and mobility component. PIP replaces the DLA.

These are not means tested. Parent carers may be entitled to additional benefits like Carers Allowance or an increase of existent benefits as a result of caring for a child who receives DLA or PIP.

Other benefits which are means tested and can be claimed once DLA or PIP is in place are:

- Universal Credit – replaced the child tax credit, housing benefit, income support,
- Access to blue badge and motability care scheme

Young person can claim Employment and Support Allowance if he or she have

limited capability for work and meet the other qualifying conditions for the benefit (age 18 +).

However, young person cannot usually get Employment and Support Allowance if you are studying in relevant education or if he or she are a full-time student. You can qualify for Employment and Support Allowance in education though if you receive Personal Independence Payment.

Travel

Blue Badge - Application forms/renewals and further information can be found <https://www.camden.gov.uk/blue-badge?inheritRedirect=true>

Freedom Pass - Application forms can be found <https://www.camden.gov.uk/disabled-persons-freedom-pass#zszc>

A Disabled persons Freedom Pass gives free travel on:

- most public transport in London, 24 hours a day
- most National Rail services within the London area - after 9.30am on weekdays, all day on weekends and public holidays
- local bus services in the rest of England

ID Card - National Disabled Identification Card (DID)

If the young person does not have a passport or provisional driving license then it would be helpful for them to obtain an ID card. The National Disabled Identification Card Provide a unique disability initiative improving the lives of disabled people. Producing a much needed single recognised National Identification (DID) Card for all disabled people - full on-line application using the online secure payment facility: 1 year card £11 or 2 year card £14, <https://www.did-card.co.uk/>

Planning Together Forum Camden's partnership board

The partnership board is a chance for adults over the age of 18 and family carers to meet the people who manage services for people with learning disabilities in the Council and other organisations. This is so we can plan what services will be like in the future.

<https://www.camden.gov.uk/planning-together1>



Useful information and resources about Adult Social Care and Health

| Organisation | Description | Contact/Website |
|----------------------|--|---|
| Beacon | Provide advice on Continuing Health Care | 0345 548 0300 https://www.beaconchc.co.uk/ |
| Rethink | Post 18 advocacy in Camden | https://www.rethink.org |
| POWHER | Post 18 advocacy in Camden | https://www.pohwer.net/ |
| Synergy | Advocacy services for young people and adults with Learning Disability over 18 | Brendan Leahy: brendan@camdendisabilityaction.org.uk Carly Halpin: carly@camdendisabilityaction.org.uk |
| Family Action | Support for Young Carers and their families | Tel: 020 7272 6933 Email: Hannah.witcomb@family-action.org.uk , or icyc@family-action.org.uk Website: https://www.family-action.org.uk/ Address: Family Action, The Exchange, Watkinson Road, London, N7 8DE Opening hours: Monday to Friday, 9am-5.30pm |
| Camden Carers | The service provides information, advice, activities and support for all carers over the age of 18 years who live, work or study within the London Borough of Camden. The Family Members Reference Group is part of the same organisation and is a group for Carers of an adult with a learning disability https://www.camdencs.org.uk/events/1088-family-members-reference-group | Tel: 020 7428 8950 Email: info@camdencarers.org.uk Address: Charlie Ratchford Resource Centre, Belmont Street, London, NW1 8HF Website: https://www.camdencs.org.uk |
| Centre 404 | The service provides advice and support for carers of people with learning disabilities | Tel: 020 7272 6933 Email: general@centre404.org.uk Website: https://centre404.org.uk/ Address: 404 Camden Road, London, N7 0SJ, Opening hours: Monday to Friday, 9am-5.30pm |
| Carers UK | Carers UK is a national charity for carers and led by carers. They provide advice, information and support, as well as carers' support groups to connect you with other carers. | 020 7378 4999, info@carersuk.org https://www.carersuk.org/ |



Useful information and resources about Adult Social Care and Health

| Organisation | Description | Contact/Website |
|---|--|--|
| Carers Direct | This service provides a telephone helpline and a webchat that are open seven days a week. | 020 3904 4520 https://www.carersdirect.org/ |
| Carers Trust | This service works to improve support, services and recognition of the challenges of unpaid caring. | https://carers.org/ |
| Scope UK | Disability charities who can offer further advice and guidance | https://www.scope.org.uk/advice-and-support/managing-money-for-someone-else Phone 0808 800 3333 |
| Challenging Behaviour Organisation | Charity for people with severe learning disabilities and whose behaviour challenges and their families | https://www.challengingbehaviour.org.uk/education-housing-social-care/getting-legal-deputyship.html Family Support Line 0300 666 0126 |
| Hopscotch Asian Women's Centre | This service provides a range of interventions to support members of the Bangladeshi community in Camden, including home care services, support for younger or older women to be part of the community and participate in activities | www.hopscotchawc.org.uk/ 020 7388 8198 |
| Bengali Workers Association | Welfare Benefits & Advice Service General advice drop in service everyday Friday between 10:00am – 12:00pm. The following advice services by appointment only: Debt Advice, Housing Advice, Legal Advice, Welfare Right | http://bwa-surma.org/welfare-benefits-advice-service/ To book an appointment for any of the above services please contact Rahima on 020 7388 7313 or rahima@bwa-surma.org.uk |
| Mary Ward Centre | The Mary Ward Centre provide welfare benefits advice to Camden residents at the following organisations please contact them directly for an appointment: The Living Centre: 2 Ossulston Street, London NW1 1EE Camden Disability Action: The Greenwood Centre, 37 Greenwood Place, NW5 1LB http://www.camdendisabilityaction.org.uk/ | https://www.marywardlegal.org.uk/legal-advice/welfare-benefits-advice/ By appointment only - to book an appointment, call 020 7831 7079 Monday to Friday |
| Camden/Kids Key Working | Provide drop in sessions where they will support with benefits applications | Phone: 020 7431 8476 |



Useful information and resources about Adult Social Care and Health

| Organisation | Description | Contact/Website |
|--|--|--|
| Camden Community Law Centre | Free and independent legal advice in the following areas: benefits, immigration, employment and housing | https://cclc.org.uk/ 2 Prince of Wales Rd, London, NW5 3LQ, Telephone: 020 7284 6510 Drop-in Advice Times (during Covid by phone and email): Tuesday - Welfare Benefits - 10am - 12pm Wednesday - Employment - 10am - 12pm Wednesday - Immigration - 10am - 12pm Thursday - Housing - 10am - 5pm |
| Citizens Advice Camden | Advice for residents in Camden about finances, benefits | Camden Advice line 0300 330 1157, Monday to Friday 10am-4pm https://www.citizensadvice.org.uk/family/looking-after-people/managing-affairs-for-someone-else/ |
| Office of the Public Guardian | The Office of the Public Guardian is responsible for: <ul style="list-style-type: none">• registering lasting power of attorneys• appointing and supervising deputies• making sure an attorney or deputy is carrying out their duties properly• dealing with complaints and objections about attorneys and deputies | Tel: 0300 456 0300 Textphone: 0115 934 2778 Fax: 0870 739 5780 E-mail: customerservices@publicguardian.gsi.gov.uk Website: https://www.gov.uk/government/organisations/office-of-the-public-guardian |
| Money advice | Support and money advice | https://www.moneyadviceservice.org.uk/en Phone 0800 138 7777 |
| Benefits Service (London Borough of Camden) | The council offers a face-to-face service and telephone service. It processes Housing Benefit and/or Council Tax Reduction claims. | Email benefits@camden.gov.uk Website camden.gov.uk/housing-benefit Phone 020 7974 4444 Option 3 Text Phone 020 7974 6866 (Textlink) |



Useful information and resources about Adult Social Care and Health

| Organisation | Description | Contact/Website |
|--------------------------------|---|--|
| TFL travel | Transport for London have their own Travel Mentoring scheme with four travel trainers available to accompany people with disabilities on their first few trips across the capital. | Call 020 3054 4361. For information on the nearest travel training scheme, ring Transport for All: 020 7737 2339. |
| Bus Days – TFL | In nine London boroughs including Camden, TfL's Travel Mentoring Service work with the local bus company to hold Bus Days, aimed at helping disabled people use buses independently. Whilst most participants are people with learning difficulties, they are open to anyone who would like to become more confident using buses. Together with police from the Safer Transport Team, participants can practise making journeys on a bus which has been taken out of service for the day. | For more information, please contact the Travel Mentoring Service on 020 3054 4361 or email travelmentor@tfl.org.uk . |
| Citizens Advice Camden | Citizens Advice offer support with completion of the application forms for a blue badge. | Camden Advice line 0300 330 1157 Monday to Friday 10am-4pm https://www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/help-for-disabled-travellers1/blue-badge-scheme/applying-for-a-blue-badge/ |
| Access to Work Grants | Access to Work is a publicly funded employment support programme that aims to help more disabled people start or stay in work. It can provide practical and financial support for people who have a disability or long term physical or mental health condition. | https://www.gov.uk/access-to-work |
| Youth Connexions Camden | Careers Advice and Guidance should be offered in every school. If you are 16+ and not in Education, Employment and Training | Email: connexions@Camden.gov.uk Tel: 0207 974 725 |
| SENDIASS | The Service aims to help parents/carers, children and young people and professional staff to work together to provide the best possible support to children and young people with SEND. | http://www.sendiasscamden.co.uk/ 0207 974 6264 or email SENDIASS@camden.gov.uk |



Checklist

Year 9

(13/14 years old)

Year 9 (13/14 years old)

☐ **EHCP Annual Review took place and pathway to adulthood outcomes discussed**
<https://www.preparingforadulthood.org.uk/downloads/education-health-and-care-planning/pfa-outcomes-tool.htm>

Notes:

Date:

☐ **Preparing for Adulthood assessment completed**
CYPDS Duty 020 7974 3597

Notes:

Date:

☐ **Parent invited to Short Breaks Panel**

Notes:

Date:

☐ **A Freedom pass has been applied for**
<https://www.camden.gov.uk/disabled-persons-freedom-pass>

Notes:

Date:

☐ **Child has been to GP for annual health check**

Notes:

Date:



Checklist

Year 11

(15/16 years old)

Year 11 (16 years old)

☐ **EHCP Annual Review took place and pathway to adulthood outcomes and post school education options discussed**
<https://www.preparingforadulthood.org.uk/downloads/education-health-and-care-planning/pfa-outcomes-tool.htm>

Notes:

Date:

☐ **Parent has a copy of the Moving on document.**
<https://www.camden.gov.uk/get-support-from-camden-careers-and-connexions-service>

Notes:

Date:

☐ **If the young person is leaving school travel to discuss education has been explored and a plan is in place.**

Notes:

Date:

☐ **Preparing for Adulthood reassessment completed and seen by parent/s** CYPDS Duty 0207 974 3597

Notes:

Date:

☐ **Parent invited to Short Breaks Panel**

Notes:

Date:

☐ **Bank account open for child.**

Notes:

Date:

☐ **DLA transferred to PIP.**
<https://www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/pip/before-claiming/if-you-get-dla/>
PIP claim line: Telephone: 0800 917 2222 Textphone: 0800 917 7777
Monday to Friday, 8am to 6pm

Notes:

Date:

☐ **DWP have given the parent appointee-ship (if appropriate). Social Worker to be informed.** DWP 0345 608 8545

Notes:

Date:

☐ **Child has ID.** <https://www.did-card.co.uk/>

Notes:

Date:

☐ **The Social Worker has discussed CLDS health services and advised that they have completed the referral.**
CYPDS Duty 020 3317 2201

Notes:

Date:



Checklist

Year 12

(17 years old)

Year 12 (17 years old)

☐ **EHCP Annual Review took place and considered pathway to adulthood outcomes and post school education options.**

<https://www.preparingforadulthood.org.uk/downloads/education-health-and-care-planning/pfa-outcomes-tool.htm>

Notes:

Date:

☐ **During the EHCP Review a Lead health Professional has been identified to support me to ensure a smooth transition from children's to adults' health services.**

Notes:

Date:

☐ **Parents and young person are clear if they will be offered support via CLDS health and have met a representative from the health team. CLDS Health Duty– 020 7974 3737**

Notes:

Date:

☐ **If Continuing Care support is received then the lead Continuing Care Nurse has spoken to me about the transition to Continuing Health Care and a referral has been made.** Beacon: Free advice call 0345 548 0300 <https://www.beaconchc.co.uk/>
Integrated Care and Support Team Camden – referrals can be made by Social Worker or Health Professional.

Notes:

Date:

☐ **Health Transition Checklist discussed**

Notes:

Date:

☐ **Parents and young person have a copy of the Moving on document.**

<https://www.camden.gov.uk/get-support-from-camden-careers-and-connexions-service>

Notes:

Date:



Checklist

Year 12

(17 years old)

Year 12 (17 years old) continued

☐ **Care Act Assessment completed by Allocated Social Worker.** Advocacy Services: Rethink <https://www.rethink.org>
POWHER <https://www.pohwer.net/>

Notes:

Date:

☐ **Parents carers have been offered a Carers Assessment:** Camden Carers: <https://www.camdenccs.org.uk> Tel: 020 7727 6933

Notes:

Date:

☐ **A Carers Assessment was completed and parents have been provided with an outcome of the assessment.**

Notes:

Date:

☐ **Case presented at QAP and decision shared with parents and young person.**

Notes:

Date:

☐ **Financial Assessment completed and outcome of the assessment shared with parents and young person.**
Awards and Contributions Team Contact Details – 020 7974 1607.

Notes:

Date:

☐ **An application for ESA has been completed when your child benefits ends.**
<https://www.gov.uk/employment-support-allowance/how-to-claim> ESA **Contact centre:** Telephone: 0800 169 0350

Notes:

Date:



Checklist

Year 13/14

(18/19 years old)

Year 13/14 (18/19 years old)

☐ **EHCP Annual Review took place and considered pathway to adulthood outcomes and post school education options.**
<https://www.preparingforadulthood.org.uk/downloads/education-health-and-care-planning/pfa-outcomes-tool.htm>

Notes:

Date:

☐ **Young person and/or Parents have received a copy of the Amended EHC Plan or the LA decision if this is to cease the EHC Plan and have had an opportunity to make representations about this**

<http://www.sendiasscamden.co.uk>
020 7974 6264 SENDIASS@camden.gov.uk

Notes:

Date:

☐ **Travel to college has been discussed by the allocated Social Worker and a decision has been shared in relation to how the young person will travel to college.**

Notes:

Date:

☐ **A Review of the Care Act Assessment has been undertaken. CYPDS duty 020 7974 3597**

Notes:

Date:

☐ **Case presented at QAP and decision shared with parents and young person.**

Notes:

Date:



Checklist

Leaving education

When your young person leaves education

| | |
|---|-------|
| <input type="checkbox"/> EHCP took place and considered pathway to adulthood outcomes if child remains in Education. https://www.camden.gov.uk/get-support-from-camden-careers-and-connexions-service See Moving On Document | |
| Notes: | Date: |
| <input type="checkbox"/> A Review of the Care Act Assessment has been undertaken that has considered post college/education options of support. Advocacy Services Rethink https://www.rethink.org POWHER https://www.pohwer.net/ | |
| Notes: | Date: |
| <input type="checkbox"/> Case presented at QAP and decision shared with parents and young person. | |
| Notes: | Date: |
| <input type="checkbox"/> The Allocated Social Worker has shared the details of the transfer to adult Social Care and the contact details of the new team. CYPDS Duty 020 7974 3597 Access and Response Duty 020 7974 400 (option 1) CLDS Duty– 020 7974 3737 | |
| Notes: | Date: |



Glossary and contacts

CC - Continuing Care Children's Framework
CHC - Continuing Health Care National Framework
CYPDS - Children and Young People's Disabilities Service
CLDS - Camden Learning Disability Service
CQC - Care Quality Commission
DLA - Disability Living Allowance
DOLS - Deprivation of Liberty Safeguards
DWP - Department for Work and Pensions
EHCP - Education Health and Care Plan
ESA - Employment and Support Allowance
IMHA - Independent Mental Health Advocate
IMCA - Independent Mental Capacity Advocate
MCA - Mental Capacity Act
LAC - Looked After Child
OFSTED - Office for Standards in Education, Children's Services and Skills
PIP - Personal Independence Payments
QAP - Quality Assurance Panel
SEND - Special Educational Needs and Disabilities
SENDIAS - Special Educational Needs and Disabilities Information Advice and Support Services
TFL - Transport for London

The Camden Local Offer website provides information about local services, Camden SEND and Inclusive Intervention Services, support and activities available to families, children and young people aged from 0 to 25 years with special educational needs or disabilities.

<https://cindex.camden.gov.uk/kb5/camden/cd/localoffer.page?localofferchannel=0>

Your Shout

Have you found our guide useful? Are there any topics you'd like to see in future guides, clubs or services you think we should include?

Let us know!

Rebecca Coleman

☎ 020 7974 1799

@ Rebecca.coleman@camden.gov.uk
[@camden.gov.uk](mailto:Rebecca.coleman@camden.gov.uk)

CYPDS Head of Service

Crina Popa, Head of Service

☎ 020 7974 4867

@ Crina.popa@camden.gov.uk

CYPDS Duty

☎ 020 7974 3597

@ dutydct@camden.gov.uk

📍 London Borough of Camden,
5 Pancras Square,
King Cross,
London N1C 4AG

Special Parents Forum

☎ 020 7431 8476

@ Rachel.Dixon@kids.org.uk

🌐 <https://www.kids.org.uk/camden-special-parents-forum1>

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